



# Ash Hill Academy – Family Support Directory (2025–26)

## Introduction

This directory brings together trusted local, community and national services to support children, young people, parents and carers across Doncaster. It provides clear descriptions, contact links and QR codes so families can find help quickly and confidently.

## Why this directory matters

Challenges in family life—emotional health, behaviour, attendance, housing, finances and relationships—can often be reduced when support is accessed early. This directory helps families to see what support exists, who it is for, and how to access it easily, aligning with



Information in this directory is correct at the time of publication. Services and availability may change. Families are encouraged to contact services directly for the most up-to-date information.

# Early Help

## Doncaster's Local Help and Early Help

### What it is and how to access it

Early Help offers support as soon as small difficulties start, helping families understand what a child may be finding harder — whether at home, at school, or in the community. It brings the right trusted professionals together to look at strengths, share ideas and make things easier all round, so children feel more confident wherever they are.

### How to access it

You can ask for Early Help by speaking to someone you already know — a **teacher**, **pastoral worker**, **GP**, **Health Visitor**, **School Nurse**, or your local **Family Hub**. They'll talk through what support might help and make an Early Help enquiry with you if needed.

### How the process works

Early Help is **voluntary**, **supportive** and works *with* you. A Lead Practitioner (often someone already involved with your child) helps complete a simple Early Help Assessment and creates a **Whole Family Plan**, joining up the right services so you don't have to repeat your story.

You can ask for more information at any time, pick up an Early Help leaflet, and sign up with school whenever you feel it would be helpful for your child.



Early Help services offer support at the earliest opportunity to help children, young people and families thrive. Speak to Ash Hill Academy if you feel additional support may be helpful

# Directory of Services (Grouped by Category)

## Universal

### **Ash Hill Academy – Family Support Webpage**

What they provide: Central hub for Ash Hill families: Early Help, wellbeing, safeguarding and local signposting.

Who it's for: Parents, carers and students at Ash Hill Academy.



## Parenting & Family Support (City of Doncaster Council)

### **YourLifeDoncaster – Community Directory**

What they provide: Directory of community groups, activities, volunteering, youth clubs and local support.

Who it's for: All residents.

Website: <https://www.yourlifedoncaster.co.uk>



### **Staying Safe (City of Doncaster Council)**

What they provide: Safety and wellbeing information for families and young people; online and community safety guidance.

Who it's for: Parents, carers and young people.

Website: <https://www.doncaster.gov.uk/services/schools/staying-safe>



## Community

### **East Family Hubs (YourLifeDoncaster)**

What they provide: East locality Family Hubs: local offer, timetables and contacts for Armthorpe, Stainforth, Moorends, Hatfield and surrounding areas.

Who it's for: Families living in the East locality (open to all).

Website: <https://www.yourlifedoncaster.co.uk/east-family-hubs>



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## **All 4 Dunscroft Community Group**

What they provide: Local community activities, events and support for families.

Who it's for: Local residents.

Website: <https://www.yourlifedoncaster.co.uk/Directory/all-4-dunscroft-community-group>

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## Targeted

## **Friends of Quarry Park (Dunsville & Dunscroft)**

What they provide: Volunteer group maintaining the park and organising family-friendly events.

Who it's for: Local families/residents.

Website: <https://www.yourlifedoncaster.co.uk/Directory/friends-of-quarry-park-dunsville-dunscroft>

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## **Coffee Morning & Book Club (YourLifeDoncaster)**

What they provide: Community social group offering a friendly space to connect.

Who it's for: Open to all.

Website: <https://www.yourlifedoncaster.co.uk/Directory/coffee-morning-book-club?src=directoryListViewFull>

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## **Hatfield St Lawrence Church – Uniform Bank**

What they provide: Free school uniform support for families in need.

Who it's for: Families needing support with uniform costs.

Website: <https://hatfieldstlawrencechurch.com/uniformbank/>

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# Directory of Services (Grouped by Category)

## **Get Doncaster Moving – Community Group-led Walks**

What they provide: Free walking groups to improve health, fitness and social connection.

Who it's for: Open to all.

Website: <https://getdoncastermoving.org/community-group-led-walks>

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## **Stainforth Youth Club**

What they provide: Youth activities and safe social space for young people.

Who it's for: Young people in Stainforth and surrounding areas.

Website: <https://www.yourlifedoncaster.co.uk/Directory/stainforth-youth-club>

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## **Caged Steel Communities**

What they provide: Martial arts-based community programme promoting confidence, discipline and fitness.

Who it's for: Children, young people and families.

Website: <https://cagedsteelcommunities.co.uk/>

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## **S4ALL (Community Support)**

What they provide: Community organisation offering activities and support—see site for programmes and eligibility.

Who it's for: Local residents—check website for specific activities.

Website: <https://www.s4all.org.uk/what-we-do>

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## **YourLifeDoncaster – Dunscroft (local page)**

What they provide: Local area information and community listings for Dunscroft (page may redirect).

Who it's for: Local residents. Website: <https://www.yourlifedoncaster.co.uk/%20dunscroft>

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# Directory of Services (Grouped by Category)

## **Andy's Man Club**

What they provide: Free peer-led support groups for men to talk openly and improve emotional wellbeing.

Who it's for: Men aged 18+.

Website: <https://andysmanclub.co.uk/>

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## **Early Help – What is it in Doncaster**

What they provide: Overview of Local Help and Early Help pathways, how support works and who to contact.

Who it's for: Families with emerging or ongoing needs.

Website: <https://www.doncaster.gov.uk/services/schools/early-help-what-is-it-in-doncaster>

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## **Stronger Families (Doncaster)**

What they provide: Targeted Early Help support for families with multiple or complex needs.

Who it's for: Families identified via assessment/professional referral.

Website: <https://www.doncaster.gov.uk/services/schools/what-is-stronger-families>

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## **Young Carers (City of Doncaster Council)**

What they provide: Support, activities, respite opportunities and advocacy for children and young people who help care for a family member.

Who it's for: Any young person with caring responsibilities.

Website: <https://www.doncaster.gov.uk/services/schools/young-carers>

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# Directory of Services (Grouped by Category)

## Mental Health.

### **Children & Young People's Emotional Health (Council)**

What they provide: Advice, resources and local routes for supporting children and young people's emotional wellbeing.

Who it's for: Parents, carers and young people.

Website: <https://www.doncaster.gov.uk/services/schools/children-and-young-peoples-emotional-health>

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### **Children's Mental Health (Council – Parents page)**

What they provide: Practical guidance for parents on recognising worries/anxiety and supporting children.

Who it's for: Parents and carers.

Website: <https://www.doncaster.gov.uk/services/health-wellbeing/children-s-mental-health>

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### **CAMHS (RDash NHS)**

What they provide: Specialist mental health services for children and young people (assessment, intervention, urgent support).

Who it's for: 0–18 years.

Website: <https://www.rdash.nhs.uk/services/child-and-adolescent-mental-health-service-camhs/>

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### **With Me In Mind (Mental Health Support Teams)**

What they provide: School-based early intervention for mild-to-moderate needs; consultation and signposting.

Who it's for: Via school referral.

Website: <https://www.rdash.nhs.uk/services/with-me-in-mind/>

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# Directory of Services (Grouped by Category)

## **Doncaster Mind**

What they provide: Counselling (11+), wellbeing courses, peer support and mental health resources.

Who it's for: Ages 11+.

Website: <https://www.doncastermind.org.uk>

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## Crisis and National Support

### **Domestic Abuse – Support for victims (City of Doncaster Council)**

What they provide: Domestic Abuse Hub: confidential advice, safety planning, refuge access and links to specialist partners.

Who it's for: Anyone experiencing domestic abuse.

Website: <https://www.doncaster.gov.uk/services/crime-anti-social-behaviour-nuisance/domestic-abuse-2>

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### **Phoenix WoMen's Aid**

What they provide: Support for women, men and families including counselling, advocacy, supervised child contact and refuge accommodation.

Who it's for: Victims and survivors of domestic abuse.

Website: <https://www.phoenixwomensaid.org.uk>

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### **MASH – Report a Concern**

What they provide: Multi-Agency Safeguarding Hub: raise concerns about child safety/wellbeing. Phone-only referrals from January 2025.

Who it's for: Anyone concerned about a child's safety.

Website: <https://www.doncaster.gov.uk/services/schools/report-a-concern-about-a-child>

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# Directory of Services (Grouped by Category)

## Citizens Advice Doncaster Borough

What they provide: Free, confidential advice on benefits, debt, housing, employment, immigration and more. Phone: 01302 243057; Freephone: 0800 278 7955; Debt line: 0800 240 4420.

Who it's for: Anyone living, working or studying in Doncaster.

Website: <https://www.cadoncasterborough.org>

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## National Helplines

### Childline (under 19s)

Free, confidential support for children and young people, 24/7.

Eligible: Anyone under 19

Website: <https://www.childline.org.uk/>

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### NSPCC Helpline

Advice and support if worried about a child.

Eligible: Adults worried about a child

Website: <https://www.nspcc.org.uk/about-us/our-services/nspcc-helpline/>

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### Samaritans

Confidential emotional support for anyone struggling to cope.

Eligible: Anyone

Website: <https://www.samaritans.org/how-we-can-help/contact-samaritan/talk-us-phone/>

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